

The **Vaknin-Rangelovska Foundation** Presents:

**Life Cycle of the Narcissist:
Parents, Partners, Children
(From Self to Objects)**

Seminar with:

Prof. **Sam Vaknin**

Our Gratitude to the **Commonwealth Institute of Advanced Professional Studies (CIAPS), Cambridge, UK** for its sponsorship.

Watch From Child to Narcissist Playlist

https://www.youtube.com/playlist?list=PLsh_y_ett4o1D9iPxs9nI0ruUI4HHRz_xi

Watch Family Dynamics Playlist

https://www.youtube.com/playlist?list=PLsh_y_ett4o321k6L9U3UjBVISvHscSzE

Thursday, May 21, 2026

17:00 Narcissist's Objects, External and Internal

Friday, May 22, 2026

10:00-12:00 Narcissistic Parents: Covert vs. Overt

13:00-14:30 Narcissistic Parenting Styles

15:00-17:00 Long-term Impacts of Narcissistic Parenting

Saturday, May 23, 2026

10:00-12:00 The Narcissist's Shared Fantasy Cycle

13:00-14:30 Partner's Survival and Coping Strategies

15:00-17:00 Recovery and Healing from Toxic Relationships

Sunday, May 24, 2026

10:00-12:00 Narcissist's as Parent: Second Childhood

13:00-14:30 Shifting Roles of Narcissist's Children

15:00-17:00 Here We Go Again! Inter-generational Transmission