

ROMANTIC JEALOUSY TESTS

1. When the narcissist loves a woman, **he socializes** with her friends and family as well – if he does not love her, he rejects them, too.
2. When the narcissist loves a woman, **he reacts to triangulation**. If he does not love her, he does not react at all with jealousy, competitiveness, or possessiveness.
3. **Women conform to the narcissist's expectations** and mould themselves in order to please him: women he loves play the sluts, women he does not love act as homely service providers

MORTIFICATION SIGNS

The mortified narcissist says:

(1) **I am abusive (sadistic), crazy, and my own worst enemy** (I inflict unendurable pain on myself by knowingly driving women who I love to cheat on me with predators or otherwise betray and abandon me);

(2) **Even quasi-“men” are vastly preferable to me** (I am irredeemably disabled and inferior, not superior, infantile, not a man at all);

(3) **I disrespected and berated myself, so people disrespect, fear, hate, and are revolted by me;**

(4) **I am not loved, not safe,** and my needs and health are no one's priorities: even my most profound need weighs less than the most trifling desire or wish of my “nearest” and “dearest”;

(5) The shared fantasy, post-traumatic state, dissociation, impaired reality testing, grandiosity, and dysempathy render me **gullible, gaslighted, and an easy mark.**

WHY THE CEREBRAL SCHIZOID NARCISSIST ACCEPTS CHEATING WITHIN THE SHARED FANTASY

The narcissist is terrified and nauseated by women perfidy, deceptiveness, and promiscuity precisely because he has a preference for this potentially mortifying profile in mate selection. To survive, he needs to avoid women altogether and it makes him sad.

Instead, he accepts that, in order to persevere and survive within his increasingly more sexless shared fantasy (in which he is intermittently a child or a father, but never an adult man), **his woman has to meet her sexual and emotional needs with (other) men.**

He accepts that he is not allowed to do the same.

He acquiesces in this asymmetry for various reasons:

A. As long as there are no indications of imminent abandonment, **he doesn't care if she is with other men, but she is hurt and feels insecure when he is having any interaction with other women.**

B. He should be grateful to her for any time spent with him and on his needs: **He is so broken that her presence in his life is a sacrifice on her part**, she is doing him a huge favor. He has no right and is in no position to establish boundaries or rules and to then enforce them.

C. She is an adult and he is not - she needs mature, conventional, reciprocated, and regular sex and intimacy, he does not. So, he has to compromise and sacrifice in order to secure her presence and commitment to the relationship. His women are virtual singles with a petulant child or a stern father at home: dating others is their only outlet and escape.

Proof of his infantile immature state of mind: only during an active shared fantasy, he experiences fear of loss and abandonment/separation

anxiety (in the form of romantic jealousy), but not competition with other men, as all male do. He (cerebral schizoid) has only the first (typical of a pre-Oedipal child, though some narcissists have all three, esp. psychopathic and somatic);

D. He can have sex only within a shared fantasy (a new relationship) while she can compartmentalize and not abandon him.

E. Any new shared fantasy will end the same way, with sexlessness and acrimony, so why bother? As long as he is getting supply and services (however meager), better stay put and forget about sex. He moves on to a new shared fantasy only when 2 of the 3 Ss are missing, at which point the woman had come to replicate his bad, dead mother and failed in her role as a good enough mother ("betrayed" him);

F. Only mentally ill, broken, damaged, and traumatized women will succumb to his psychosexuality and enter the shared fantasy and this poses serious risks (exposure, blackmail, suicide, criminal liability). Scouting for a new shared fantasy is an absolute desperate last resort;

G. He successfully sublimates his autoerotic sadistic kinky sex: he really prefers learning and entertainment (books, internet, my collections) to sex and is far more gratified by these solitary activities. His biological drive is entirely satisfied with porn. his psychosexual kink and sadism require a compliant live body, but the prize is not worth the price: he suppresses his urges, exactly the same way practitioners of other paraphilias (like pedophilia) or latent homosexuals do. Plus, rejecting women, frustrating, and humiliating them when he cannot have them for his sadistic pleasures feels as good as sex.

H. Allowing my partner to cheat on him restores his delusion of being in control ("I made her do it, she had my blessing and permission") and the morally upright victim.

WHY NOT WITH AN ASEXUAL WOMAN?

The cerebral schizoid narcissist chooses dependent, immature women with Borderline, histrionic, narcissistic, or psychopathic features. No woman, especially of these types, would accept him. All women end up cheating (owing to sexlessness and need for intimacy and attention), abandoning, betraying (if cluster B), or acting out (if borderline or codependent).

Why does the cerebral narcissist insist on having promiscuous and dysregulated women as his partners? Why doesn't he target asexual or sex-averse women (for example: victims of abuse or hyposexual)?

After all, he is aware of his essential asexuality. He enjoys sex only when he is grooming a new partner for an emerging shared fantasy. Once the partner is acquired and secured, he becomes celibate and loses all interest in sex. So, why go through the inevitable deception and acrimony in the wake of ineluctable sexlessness?

1. Choosing asexual women as partners would **defeat the self-delusion of normalcy (same reason a latent homosexual gets married)**

2. **Sex – even the memories of the sex - guarantee addiction and continuing delusional hope, they bind the woman powerfully to the cerebral schizoid narcissist** and this reduces the risk of abandonment

3. To convert his partner into a bad, persecutory object, thereby justifying and perpetuating the cerebral's morally superior victim stance (Gabay's Tendency for Interpersonal Victimhood, TIV);

4. To reenact early childhood traumas with his rejecting and absent mother;

5. To test his partner's unconditional love and allegiance;

6. To control his partner via her guilt and shame over her inevitable

misbehavior with men as she seeks to cater to her most basic needs of love, intimacy, and sex;

7. It legitimizes defiance and contempt for his partner and restores a sense of grandiosity: she has to answer for her misdeeds, deceive, act, pretend, and be scared while the cerebral observes her pitiful squirming smugly and forgives her magnanimously;

8. Allowing his partner total freedom also guarantees that she will stay out of the cerebral's affairs and let him be and delight in solitary pursuits within his solipsistic black hole (schizoid style).

9. To masochistically punish himself for his self-loathing and self-hatred owing to his disabling mental illness ("bad, unworthy object"). Such women guarantee extreme pain and mortification.

10. Sadistic narcissists use sex withdrawal to punish and control their partners.

SHARED FANTASY CONDITIONS

The **environment** has to be rootless (easy to discard), fantastic or dreamlike (to uphold grandiosity), timeless (an eternal present, so that actions do not bear consequences), and boundless (no limit to what can be done or accomplished).

The **circumstances** ought to be right: conducive to grandiose fantasies by yielding lots of money, sex, power, access, fame (celebrity or notoriety) effortlessly, with no commensurate compromise, investment, or commitment.

The **partner** in the shared fantasy has to be present (to avoid abandonment anxiety), submissive, fawning, adulating, playful or childlike, mothering (or fathering as a business associate), servicing, and addicted to the narcissist.

Why remain in an abusive, dead relationship, constantly betrayed, humiliated, and reduced? Because multiple relationship failures in your past had convinced you that you can do no better, so why bother to try again, with someone else?

If you have a personality disorder, such gloomy self-disparagement is fully justified and realistic: all future liaisons are doomed to end in acrimony, cheating, and hurt.

Why not remain single then? Isn't it preferable to the hell of a dysfunctional dyad? It is - and most mentally ill people indeed end life alone, in a schizoid state.

But some narcissists require a shared fantasy with an insignificant other in order to avoid decompensation and depression. They settle for anything on the table, however lurid and degrading and render themselves unboundaried doormats.

Ironically, this very prostration drives their partners away, disgusted, disappointed, and angry at themselves for having settled for a spineless worm rather than a man. Having been repeatedly damaged, they recoil from any attempt by the errant narcissist to Hoover, lovebomb, or groom them into a new round of approach-avoidance.

Sooner or later, this kind of narcissist is abandoned, time and

again, until it is too late for him to find the next willing collaborator in his charade of a life unlived.